

HANDSWORTH NEWS

BRANCHING OUT, GROWING TALL HAND IN HAND, ONE AND ALL



Handsworth
Primary School

Dear Parents, Carers and Friends,

Change can be unsettling for us, but as a community we are taking steps to ensure we make the best decisions for all. I have enjoyed cycling to work and have noticed differences as society begins to find a new normal. We have contacted the parents and carers of children in the year groups immediately affected by the reopening of schools with a short survey, and the results have been very helpful. Please complete by the end of today to allow us to take your views in to account as we plan for the future weeks. **I will inform you of our plans on Thursday 21st May.**

I hope you enjoyed our poem on the website! It was great to have so many staff involved in sharing the special message with you all. Thank you to Mr Oakley who edited the video. You will find the poem on the news page of the website, it is called 'A Poem from Us to You.'

Lastly, a huge thank you to you all. I am well aware that in the future weeks and months we will be facing more challenges. I will continue to keep you informed of the most recent developments. Like I have said before, we are all in different boats in this storm but what remains constant is that we all want the best for our children. We miss them terribly and we miss our wonderful school, however I am not prepared to make changes quickly and without working with all stakeholders. Our children, staff, parents and carers are far too precious for that.

We will follow government advice, but it will be in a way we believe is best, ensuring the wellbeing of our Handsworth community is prioritised.

Wishing you all a lovely weekend,

Mrs Nairne

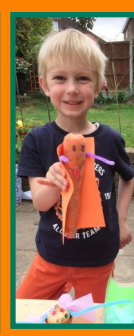




Message from our Governors

The Governors of Handsworth Primary school would like to thank the whole school community for the way they have worked together throughout the past 7 weeks. Thank you to the staff of Handsworth who continue to support the community. We are thoroughly enjoying seeing the interaction between the staff and children on the website. We want to assure you that we will continue to work closely with the school in the coming days as Mrs Nairne and her team develop and refine plans for the reopening of schools following the guidelines available. As always, we are here to support the community and can be contacted via email governors@handsworth.waltham.sch.uk





Creating some space to connect, breathe, feel and talk.

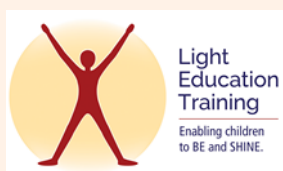
In a times like these it is beneficial to make connections so you realise you are not alone and a lot of what you feel is normal.

We are really pleased to offer support for your mental health and wellbeing in the form of weekly Zoom group meetings or one to one phone calls with Vanessa McHardy. Vanessa has been part of the Handsworth community for 15 years. Vanessa aims to create a safe space to talk and share and will provide practical tools to enhance wellbeing.

These are disorientating times where life is not how we know it and not knowing when things will return to the routines we were used to can feel stressful and cause tension. Whatever the situation we know human beings thrive when we are connected to others, we know this is true and remains the same even in an upside down world. We can create ways for you to connect with those in our community so you are supported and feel even more part of the whole when we do get back to normal.

This is not a therapy group but rather a supportive space where you can say hello and share experiences. Vanessa will introduce various exercises to help connect you to your breathing and body these will allow you to release tension whilst supporting nervous systems and allowing you to be calm and still.

If you are interested, please email lighteducationtraining@gmail.com and we will send you the consent form and provide you will additional details.



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